



Help make a difference for families of seriously ill children.
 Your participation in the Run For The House 5K Run/Walk will help the Ronald McDonald House of Mid-Michigan provide a home-away-from-home for those families who have a child being hospitalized or receiving treatment at Lansing-area hospitals and clinics. The House offers a comfortable, inexpensive and private place for families to sleep, eat and relax. Here families find a caring atmosphere where they can receive strength and encouragement from others who are also going through difficult times.

SATURDAY, MARCH 27, 2010



**HAWK ISLAND PARK
 1601 E CAVANAUGH ROAD
 LANSING, MICHIGAN**

SCHEDULE OF EVENTS

RACE DAY REGISTRATION 8:30 am

5K RUN/WALK 10:00 am

KIDS' HALF MILE & SPRINT 9:30 am

KIDS' ACTIVITIES 9:30 am-12:00 pm

The Run for the House will be held rain or shine. In the event of serious weather conditions, the race could be postponed to a later time that same day.

FOLLOWING THE RUN EVENTS

AWARDS PRESENTATION & LIVE ENTERTAINMENT

ROCK THE SOCKS!

Run with a purpose. Get your feet into the 2010 Run For The House Socks and show your support for the Ronald McDonald House of Mid-Michigan. Each pair is available for \$10.00 and may be purchased by indicating on the Run For The House entry form or by visiting www.LoveTheHouse.org.



ENTRY FORM

PLEASE USE A SEPARATE FORM FOR EACH PARTICIPANT.
 REGISTER ONLINE AT: www.LoveTheHouse.org

NAME _____

E-MAIL ADDRESS _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

BIRTHDAY ____/____/____ AGE AS OF MARCH 27, 2010 MALE FEMALE

SHIRT SIZE Y N CHILD SIZE? SM MED L XL 2XL

- I am unable to run/walk, but would like to **VOLUNTEER** at the Event Ronald McDonald House of Mid-Michigan.
- I would like more information about becoming a **SPONSOR** for this event.
- I am unable to run/walk, but enclosed is my **DONATION** of \$ _____.

ENTRY FEES

ENTRY TIME	INDIVIDUAL	CHILD (12 & under)	TOTAL
On or before February 28, 2010	\$20 per person	\$10	\$ _____
March 1 - March 26, 2010	\$25 per person	\$10	\$ _____
Race day! March 27, 2010	\$35 per person	\$15	\$ _____
2010 Run for the House Socks	\$10 a pair		\$ _____ QTY _____
		Additional Donation	\$ _____
		TOTAL AMOUNT ENCLOSED	\$ _____

Each entry includes one shirt.

PAYMENT VISA MASTERCARD CHECK ENCLOSED

CARD NUMBER _____ EXP DATE _____

CARDHOLDER'S SIGNATURE _____ DATE _____

RACE WAIVER & RELEASE: I give my consent in consideration for the acceptance of this registration and for being permitted to participate in the 2010 Race for the House on March 27, 2010. I represent and warrant that I am a voluntary participant in this event, and am in good physical condition. I know that this event is strenuous and involves the potential for bodily injury and I hereby assume full and complete responsibility for any injury, loss or accident which may occur during my participation in this event or while on the premises of this event, and I hereby release and hold harmless and covenant not to file suit against Ronald McDonald House of Mid-Michigan and any of its affiliated entities, Ingham County, City of Lansing and all other Race Sponsors and their agents and employees, and all other persons or entities associated with this event (the "Releasees") from any loss, liability or claims I may have arising out of my participation in this event, including personal injury or damages suffered by me or others, whether the same be caused by falls, contact with other participants, conditions of the course, negligence of the Releasees or otherwise to the full extent permitted by law. If signing as a parent or legal guardian of a participant, I certify that I am legally responsible for the participant and agree to adhere to all of the terms of this Waiver and Release. If I do not follow all the rules of this event, I understand that I may be removed from the competition. I give my full permission to Ronald McDonald House of Mid-Michigan and Race Sponsors to use any photographs, videotapes, audiotapes or other recording of me that are made during the course of this event. I understand that this Waiver and Release may be stored electronically and agree that a copy is authentic and admissible as evidence in any future dispute or proceeding.

SIGNATURE (LEGAL GUARDIAN, IF UNDER 18) _____ DATE _____

MAKE CHECKS PAYABLE TO: Ronald McDonald House of Mid-Michigan, c/o Run For The House, 121 S. Holmes, Lansing, MI 48912